



THE HAPPY NEWS FOR SCHOOLS



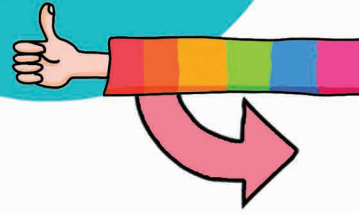
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**FREE
RESOURCE
PACK 5**

FREE HAPPY NEWS

We send **one** free newspaper to a school in the UK for **every two newspapers** we send to our amazing subscribers.

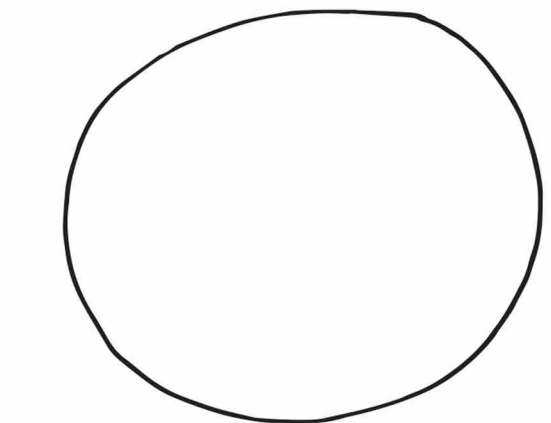
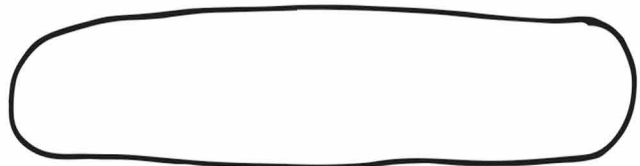
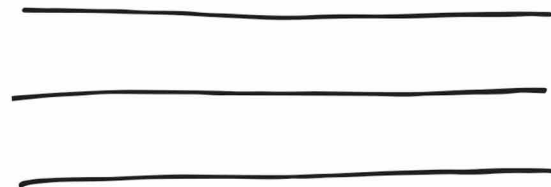
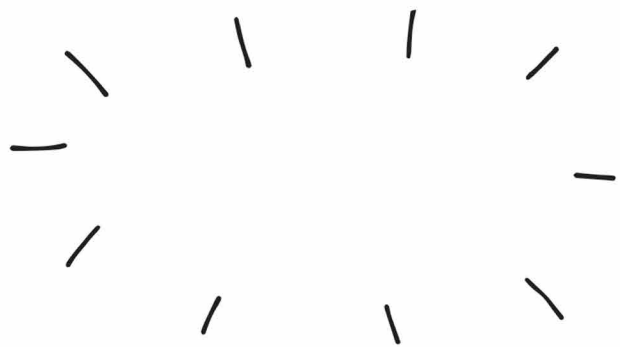
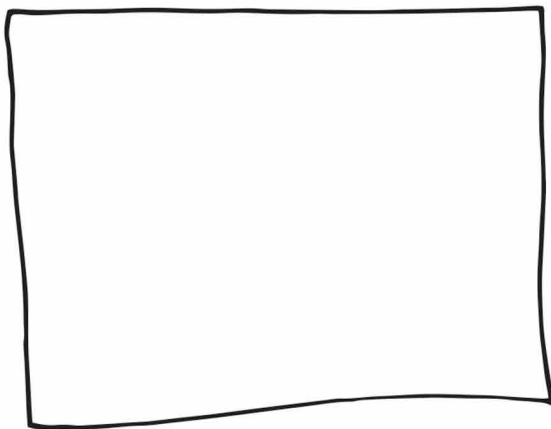


THE HAPPY NEWS

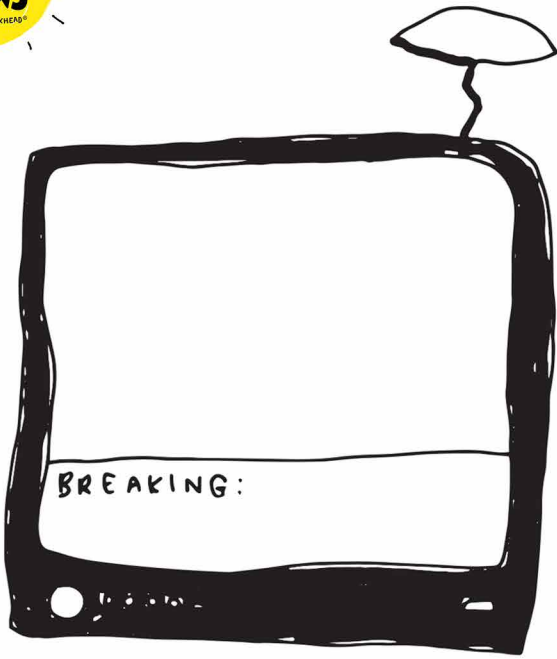
BY EMILY COXHEAD®

A NEWSPAPER TO CELEBRATE ALL THAT'S GOOD IN THE WORLD...
THE HAPPY NEWSPAPER IS A PLATFORM TO SHARE POSITIVE NEWS AND WONDERFUL PEOPLE

Edited by: _____



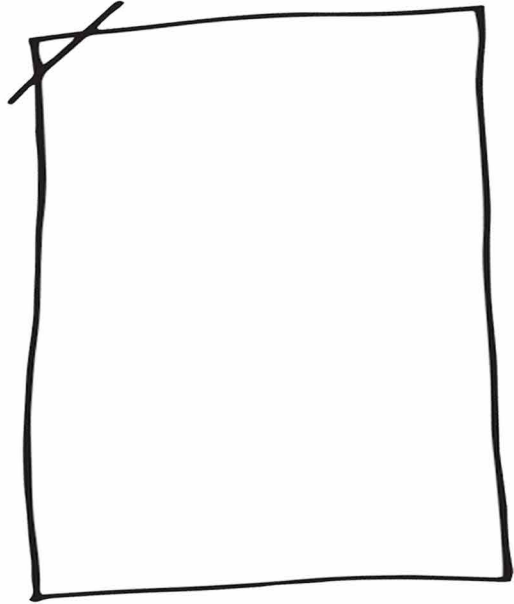
Can you find some happy news stories and write/draw them above?

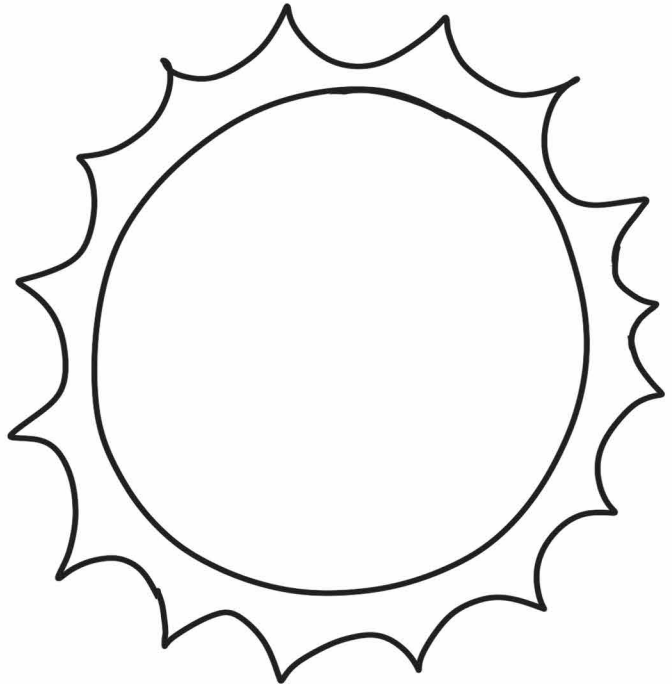


What news headline would you like to see?

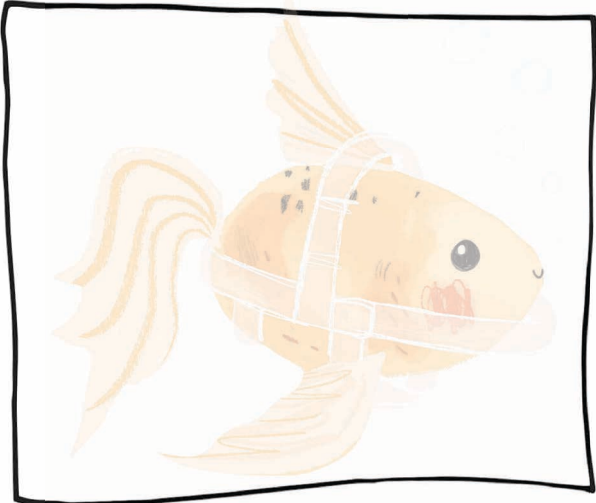
Something kind somebody did recently

Find and stick a happy fact below





What are you looking forward to this month?



LIFEJACKET HELPS GOLDFISH SWIM

A goldfish was diagnosed with an incurable illness called swim bladder disorder. The disease makes the fish more likely to swim upside down, float or sink, which are usually all symptoms a fish can correct after a few days if the illness is caused by digestive problems.

Stacey O'Shea, owner of the Garden Sanctuary in Wolverhampton, came to the rescue and made the goldfish a special lifejacket using tiny plastic tubing as well as polystyrene to weigh it down. By changing the size of the polystyrene occasionally, the much-loved goldfish was able to happily swim at different levels of its tank.

Can you draw a picture of the fish in the box above?

FORESTS THE SIZE OF FRANCE REGROWN SINCE 2000

A new study suggests that an area of forest the size of France has regrown naturally across the world in the last 20 years.

How many trees can you draw in the box above?

MAYONNAISE HELPS SEA TURTLES AFFECTED BY OIL SPILL

Can you find out some information about this story and write it below?



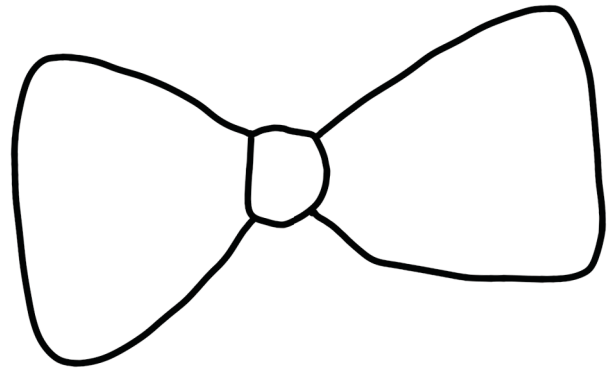
BOY'S BOW TIES HELP RESCUE DOGS FIND FOREVER HOMES

14-year-old Sir Darius Brown has been making stylish bow ties for cats, dogs and their "hoomans" to help rescue animals get adopted faster.

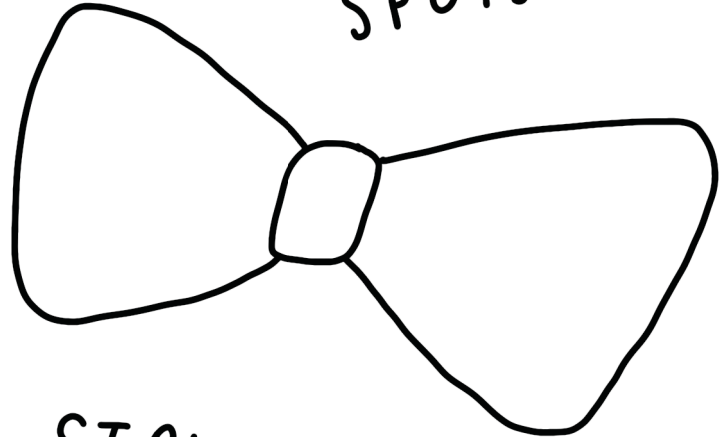
Sir Darius, who earned his nickname because of his own smart attire, started his bow tie business in the wake of Hurricane Irma in 2017. After seeing how many pets had been transported to shelters close to his home in New Jersey, Darius wanted to help. "It hurt my feelings a lot so I made [it] my mission to help as many dogs and cats in the world as I possibly can," he told PA news agency.

Can you design some of your own bow ties below?

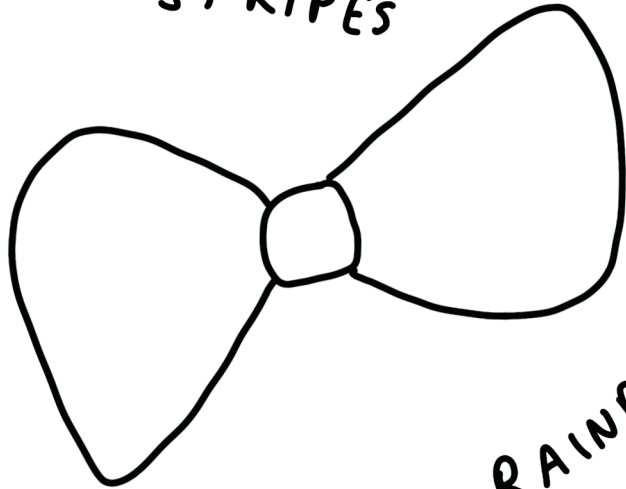
FLOWERY



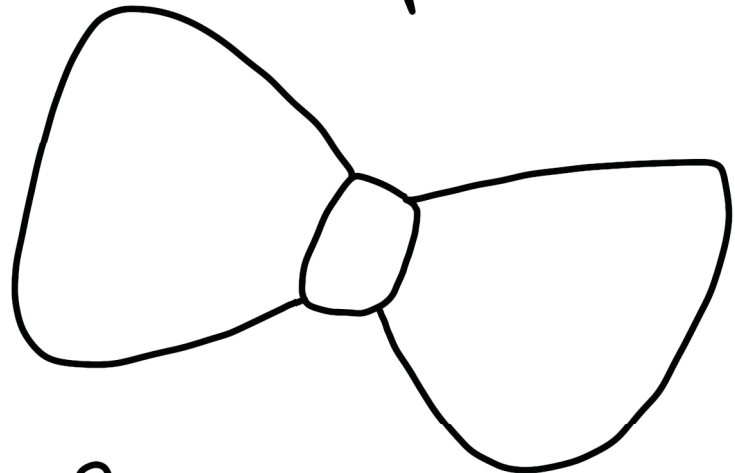
SPOTS



STRIPES

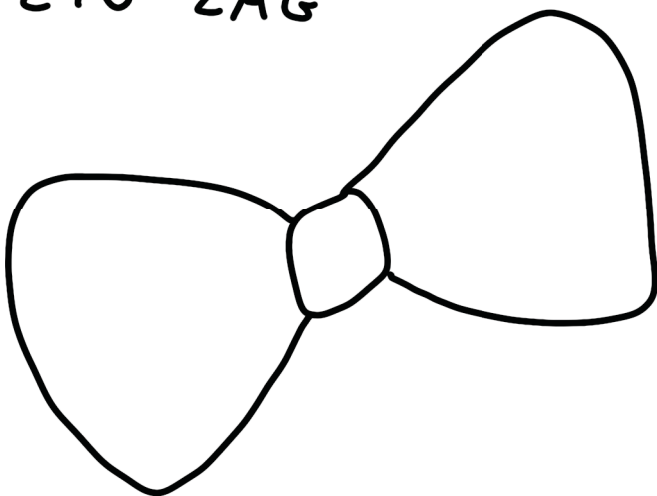
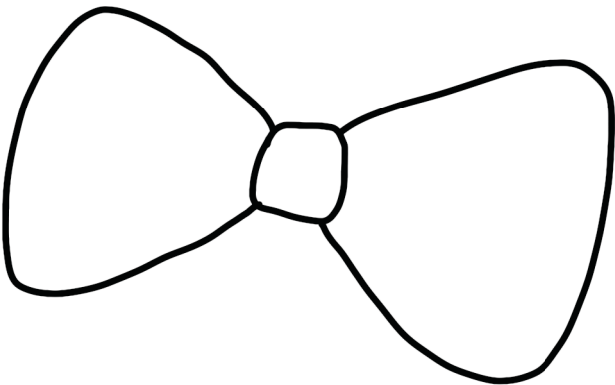


RAINBOW



SPARKLY

ZIG ZAG



WAVY

Some happy facts for you to stick on your own
Happy Newspaper or share with others!



Did you know...

GOATS

can develop
their own
accents

from their surroundings,
a British study has
suggested.

'ow ar ta
Billy lad



Think of 5 things that made you happy this week and write them below

1.

2.

3.

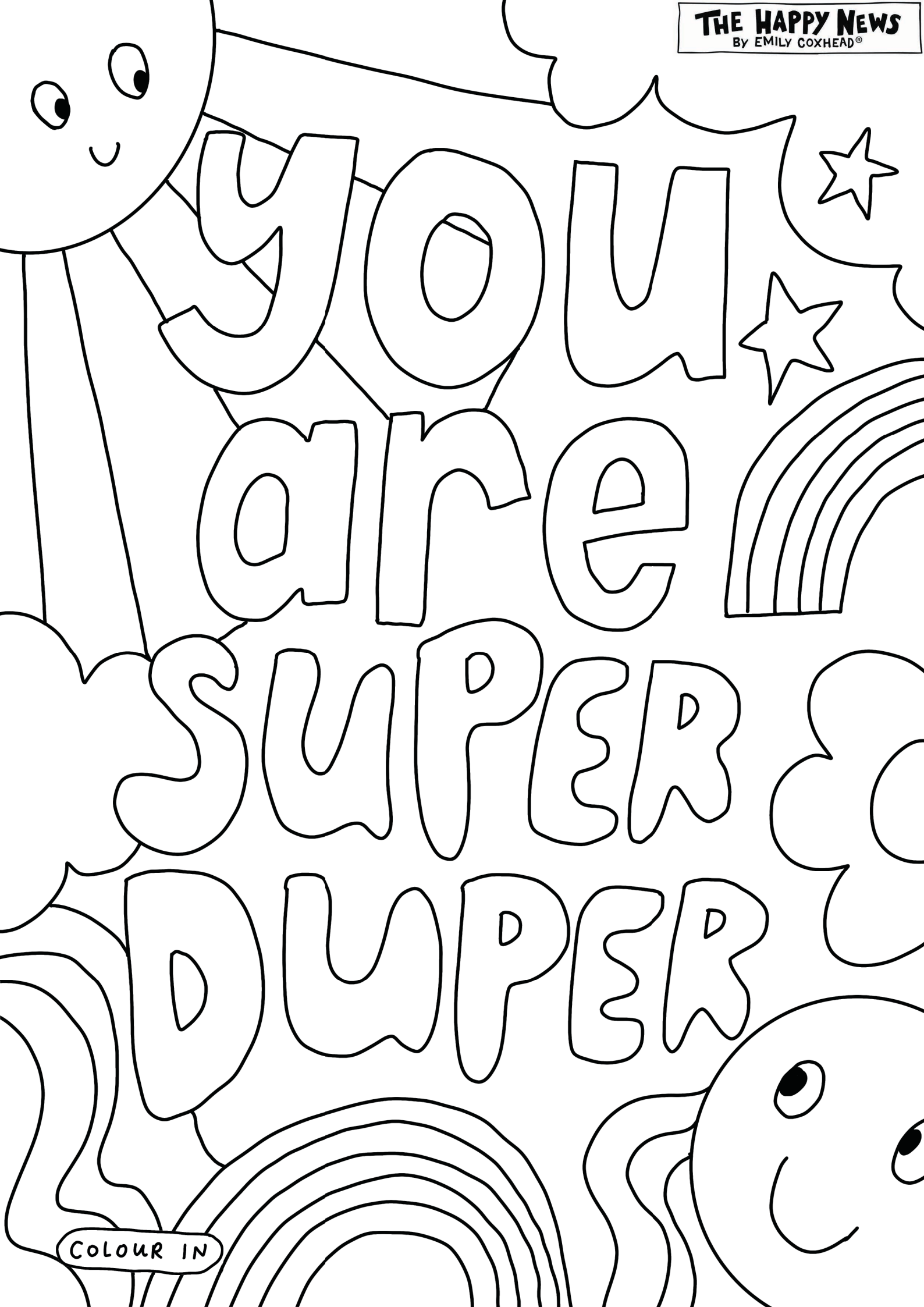
4.

5.

How many things can you see outside today? Can you draw them below?

Top tip: look up at the sky and down by your feet, there is LOTS to find and see

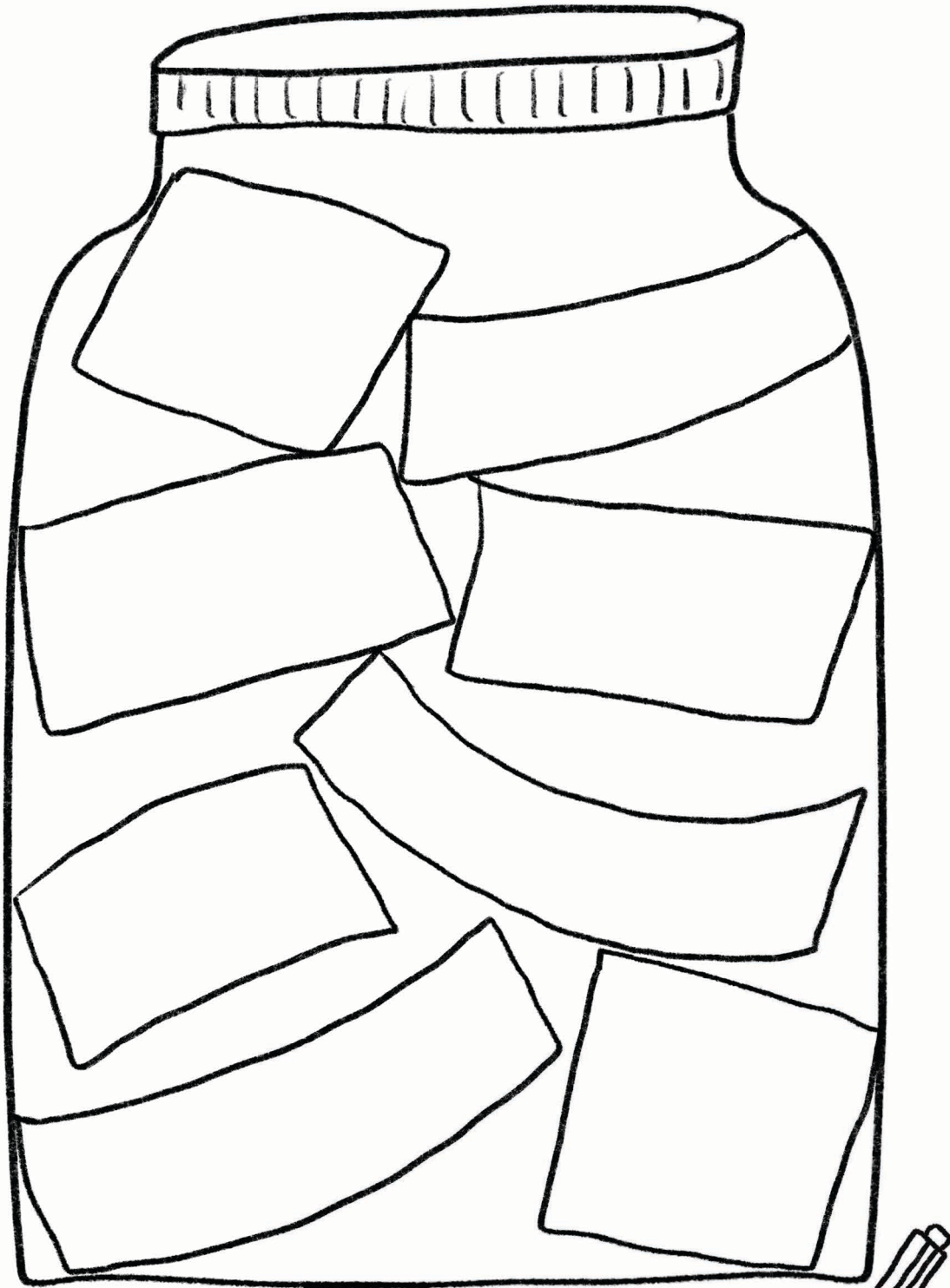
the WORLD is
FULL OF
WONDERFUL
PEOPLE
doing wonderful
things.



COLOUR IN

MAKE A GRATITUDE JAR

Sometimes when we're sad or angry or confused it can be difficult to see the positives. Each day, try writing down something you're grateful for or that makes you happy... (for example: crafting, playing with friends, playing football, bouncing on a trampoline, going for a bike ride)



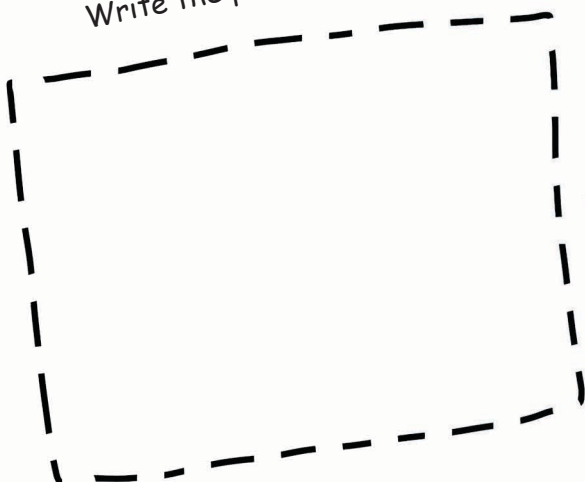
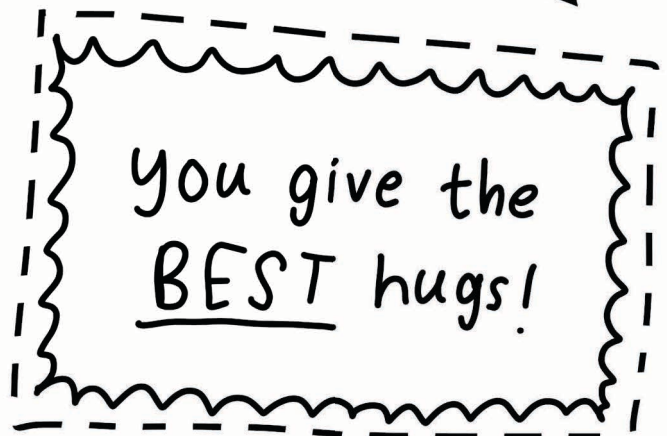
You could get a real jar and fill it up with notes or you could fill out the notes above and colour them in



CUT OUT SOME POSITIVE MESSAGES FOR PEOPLE TO READ

Sometimes the smallest act of kindness can make a huge difference to a person's day. Why not try decorating some of the notes below, cut them out and leave them somewhere for somebody to find!

A few ideas for places you could leave them; inside a book, on the kitchen worktop, in a pencil case, on a chair.



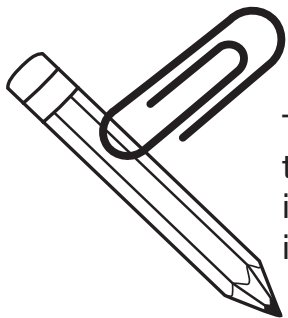
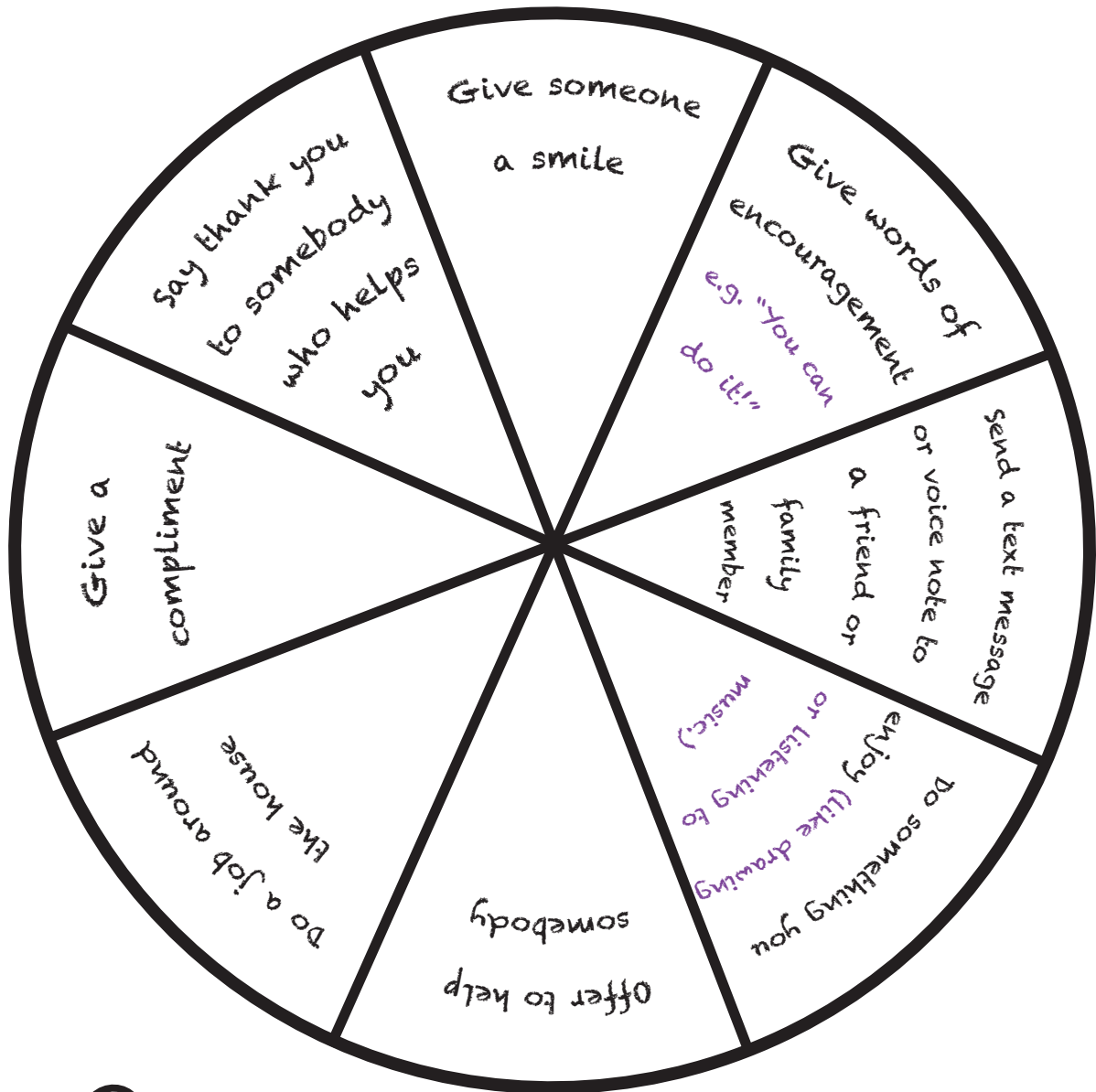
← write your own here





Kindness Spinner

Colour and decorate the spinner. Now give it a spin to find your kindness challenge for today!



To spin the spinner, you need a paper clip and a pencil. Place the pencil through the loop of the paper clip. Now position the pencil so that point is touching the centre of the circle. Flick the end of the paper clip so that it spins round. What kindness challenge does it land on?

Try using the kindness spinner in the morning. Whatever it lands on is your kindness goal for that day. Can you use it every morning for a whole week? How many acts of kindness can you complete?

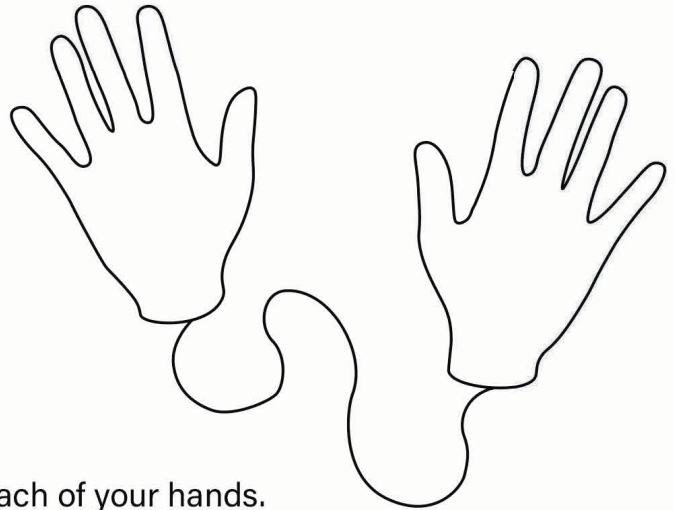


Send A Hug

This 'handmade hug' is a perfect gift for a friend or family member you love and care about. You can send it through the post! Who would you like to send a hug to?

You will need:

Thin card (coloured or plain)
Coloured pencil or pens
Scissors
String
Stapler, Sellotape or PVA glue
Envelope and postage



Step 1:

Take your piece of card and draw around each of your hands.

Step 2:

Decorate each hand using coloured pens and pencils. If you like, you can write some words such as 'A hug from me to you!'

Step 3:

Carefully cut around each outline.

Step 4:

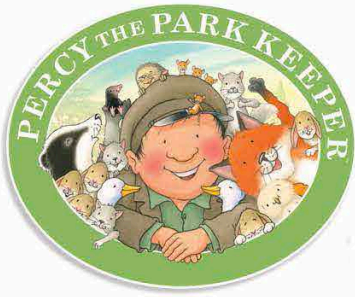
Now you need to cut a piece of string that is about the length of your arm span. (Your arm span is the length from the tips of your fingers on one hand to the tips of your fingers on the other hand when you stretch your arms out on each side.) You might need somebody to help you with this bit.

Step 5:

Attach a hand to each end of the string with a staple, tape or glue.

Step 6:

Your hug is complete! Place it in an envelope and ask an adult to help you stamp and address it then it's ready to go in the post.



Add some colour!

Percy is everyone's friend and loves to share his lunch.
Get colouring and bring the photo to life!





Word Search!

Percy and his friends have put their names in this word search, can you help find them?

W	O	C	U	Y	F	B	T	S	L
D	U	C	K	S	A	O	F	R	H
G	I	A	V	Z	K	W	X	A	E
Y	U	J	L	P	X	L	D	B	D
N	M	O	L	E	G	E	A	B	G
S	Q	U	I	R	R	E	L	I	E
R	B	S	E	C	U	H	M	T	H
Q	I	Y	F	Y	B	T	I	S	O
E	M	W	I	C	S	R	C	A	G
T	A	S	B	A	D	G	E	R	H

Word List

SQUIRREL RABBITS PERCY MOLE FOX
HEDGEHOG BADGER DUCKS MICE OWL



Contact...

Tag Emily in photos/posts:

Instagram: @emilycoxhead @thehappynewspaper

Twitter: @emilycoxhead @HappyNewspaper_

Email: thehappynewspaper@gmail.com

Post letters to:

The Happy Newspaper

PO Box 653

Euxton

Chorley

PR6 6PG